



AL HUDA
INSTITUTE



DHUL HIJJAH

GOOD DEEDS PLANNER

*"There are no days that are greater before Allah
or in which good deeds are more beloved to Him,
than these ten days, so recite a great deal of tahleel,
takbeer and tahmeed during them."*

(Ahmad)

GOOD DEED OF THE DAY



☐ Make the intention to fast all 9 days or as much as you can before Eid-Al-Adha



66

MOTIVATION FOR THE DAY

99

"The Prophet used to fast on the first nine days of Dhul-Hijjah and the day of Ashura, and three days each month, the first Monday of the month and two Thursdays."

(Abu Dawood)

TO DO LIST

- ☐ Give Charity
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

DHIKR OF THE DAY

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ
وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

Glory to Allah; and praise be to Allah;
and there is no God but Allah



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

*"Say, "Indeed, my prayer, my rites of sacrifice,
my living and my dying are for Allah,
Lord of the worlds."*

(6:162)

Reflections:



GOOD DEED
OF THE DAY



- ☐ Make the intention to read Qur'an each day or as much as you can



MOTIVATION FOR THE DAY



"Indeed the one who recites the Quran beautifully, smoothly, and precisely, will be in the company of the noble and obedient angels. As for the one who recites with difficulty, stammering or stumbling through its verses, then he will have twice that reward."

(Bukhari and Muslim)

TO DO LIST

- ☐ Give Charity
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

"And hold firmly to the rope of Allah [Qur'an] all together and do not become divided"

(3:103)

DHIKR OF THE DAY

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*There is no change of a condition
nor power except by Allah*



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:



GOOD DEED
OF THE DAY

- ☐ Evaluate your character (the good & the bad) & commit to leaving a bad habit

(Adopt a beautiful Sunnah of the Prophet (S))



MOTIVATION FOR THE DAY



"The strongest man is the one who, when he gets angry and his face reddens and his hackles rise, is able to defeat his anger."

(Ahmed)

TO DO LIST

- ☐ Give Charity
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

"And whoever volunteers good - then indeed, Allah is appreciative and Knowing."

(2:158)

DHIKR OF THE DAY

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى نَبِيِّنَا مُحَمَّدٍ

O Allah (send) blessings and
peace upon our Prophet Muhammad



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:



GOOD DEED
OF THE DAY



- ☐ Make the intention to start a new book to increase in beneficial knowledge
(ex. A Book on Seerah, The Hereafter etc.)



MOTIVATION FOR THE DAY



"Whoever treads a path seeking knowledge, Allah will make easy for him the path to Paradise."
(Ibn Majah)

TO DO LIST

- ☐ Read/Learn & share with a friend
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

DHIKR OF THE DAY

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ اللَّهُ الصَّمَدُ
لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

In the name of Allah, The Most Gracious and Merciful.
Say, He is Allah, [who is] One, Allah,
the Eternal Refuge. He neither begets nor is born.
Nor is there to Him any equivalent.



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

"Do not follow that of which you have no knowledge. Indeed! The hearing, the sight and the heart – about each of these you will be questioned."

(17:36)

Reflections:



GOOD DEED OF THE DAY



- ☐ **Make the intention to give charity**
(Something small every day or something significant
out of what you love, ex: clothing, books, your time/skills etc.)



“ MOTIVATION FOR THE DAY ”

The Prophet, peace and blessings be upon him, said, “Upon every one of your joints in the morning is charity due. Every glorification of Allah is charity. Every praise of Allah is charity. Every declaration of the oneness of Allah is charity. Every exaltation of Allah is charity. Enjoining good and forbidding evil is charity. It is enough of that to perform two cycles of prayer in the forenoon.”
(Ibn Majah)

TO DO LIST

- ☐ Help a neighbour/friend with a task
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

NAWAFIL SALAH TRACKER

- ☒ **12 DAILY SUNNAH**
2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



- ☒ **SALATUL DUHA**
15 min after sunrise up until
10 min before Dhur

- ☒ **SALATUL LAYL**
After Isha

- ☒ **TAHAJJUD**
Last 1/3 of the night

VERSE OF THE DAY

*“So fear Allah as much as you are able and listen
and obey and spend [in the way of Allah]....”*
(64:16)

DHIKR OF THE DAY

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Glory be to Allah and with His praise



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:



GOOD DEED
OF THE DAY

- ☐ Make the intention to connect to nature & ponder over the signs of Allah (SWT)
(ex. plant/water a tree/flowers; feed & watch the birds etc.)



“ MOTIVATION FOR THE DAY ”

“Indeed, the number of months with Allah is twelve [lunar] months in the register of Allah [from] the day He created the heavens and the earth; of these, four are sacred. That is the correct religion, so do not wrong yourselves during them..And know that Allah is with the righteous [who fear Him].”
(9:36)

TO DO LIST

- ☐ Give Charity _____
- ☐ Daily Dhikr _____
- ☐ Fast today _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

DHIKR OF THE DAY

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

O Living, O Sustaining,
in Your Mercy I seek relief



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

“Do they not see the birds controlled in the atmosphere of the sky? None holds them up except Allah. Indeed in that are signs for a people who believe.” (16:79)

Reflections:



GOOD DEED
OF THE DAY



- ☐ Ask someone you've wronged for forgiveness & pray for them



MOTIVATION FOR THE DAY



"Be conscious of Allah wherever you are. Follow the bad deed with a good one to erase it, and engage others with beautiful character."

(Tirmidhi)

TO DO LIST

- ☐ Call a sick person or an elderly
- ☐ Daily Dhikr
- ☐ Fast today
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

"And We have made some of you as a trial for others: will you have patience?"

(25:20)

DHIKR OF THE DAY

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ
إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

*There is no deity except You; exalted are You.
Indeed, I have been from the wrongdoers.*



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:



GOOD DEED
OF THE DAY



- ☐ Make the intention to increase in Nawafil Prayers & tasbih
(Try to learn a new dua & implement it in daily prayers)



“ MOTIVATION FOR THE DAY ”

“Purity is half of Iman. Alhamdulillah (Praise be to Allah) fills the scales, and SubhanAllah (How far from imperfection is Allah) and Alhamdulillah fill that which is between heaven and earth. And the Salah (prayer) is a light, and charity is a proof, and patience is illumination, and the Qur'an is a proof either for you or against you. Every person starts his day as a vendor of his soul, either freeing it or bringing about its ruin.”
(Muslim)

TO DO LIST

- ☐ Pray 1 extra nawafil salah from the list >
- ☐ Daily Dhikr _____
- ☐ Fast today _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

NAWAFIL SALAH TRACKER

☐ 12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



☐ SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

☐ SALATUL LAYL

After Isha

☐ TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

“And remember Him, as He has guided you,
for indeed, you were before that among
those astray.” (2:45)

DHIKR OF THE DAY

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allah (Alone) is Sufficient for us and
He is the Best Disposer of affairs



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:



GOOD DEED OF THE DAY



- ☐ **Sacrifice/Udhiya:**
feed the needy and relatives
(As we remember the struggle and dedication of Prophet Ibrahim (AS))



MOTIVATION FOR THE DAY



*"Fasting the day of `Arafah expiates the sins of two years: the past one and the coming one."
(Muslim)*

TO DO LIST

- ☐ Fast Today
- ☐ Make lots of Dhikr
- ☐ Give Charity
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

DHIKR OF THE DAY

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is no god but Allah, the One, having no partner with Him. Sovereignty belongs to Him and all the praise is due to Him, and He is Potent over everything



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

VERSE OF THE DAY

*"Our Lord, give us in this world [that which is]
good and in the Hereafter [that which is]
good and protect us from the
punishment of the Fire."*

(2:201)

Reflections:



**GOOD DEED
OF THE DAY**



- ☐ **Thank & Praise Allah & Celebrate Eid with loved ones**
- safely while social distancing



MOTIVATION FOR THE DAY

"Whoever would like his provision to be increased and his lifespan to be extended, let him maintain the ties of kinship."

(Bukhari)

TO DO LIST

- ☐ **Connect with friends & family**
- ☐ **Daily Dhikr**
- ☐ **Give Charity**
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

NAWAFIL SALAH TRACKER

12 DAILY SUNNAH

2 before Fajr, 4 before & 2 after Dhur,
2 after Maghrib, 2 after Isha



SALATUL DUHA

15 min after sunrise up until
10 min before Dhur

SALATUL LAYL

After Isha

TAHAJJUD

Last 1/3 of the night

I will try to implement these extra nawafil salah into my daily schedule

In sha Allah

DHIKR OF THE DAY

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ
لَا إِلَهَ إِلَّا اللَّهُ
وَاللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

Allah is Great, Allah is Great,
There is no Deity but Allah
Allah is Great, Allah is Great, and praise is due to Him.



QUR'AN TRACKER

CHAPTER

SURAH

VERSE

Reflections:





**AL HUDA
INSTITUTE**

Support Al Huda's programs and initiatives
by visiting us at: alhudainstitute.ca/donate

5671 McAdam Rd, Mississauga, ON L4Z 1N9
(905) 624-2030 | info@alhudainstitute.ca

DHUL HIJJAH
GOOD DEEDS PLANNER